

VILLA CREST

NURSING AND RETIREMENT CENTER

1276 Hanover Street • Manchester, NH 03104
(603) 622-3262 • www.villacrestcommunity.com

Villa Crest View

January 2012



Spiritual Reflections

In addition to regular Catholic Mass and Rosary services, Villa Crest Nursing and Retirement Center is pleased to offer a weekly non-denominational ministry service. The Spiritual Reflections program is led by Mark Plumpton, whose mother was a former resident of the center, and Paul Houle, longtime volunteer. This 45 minute worship service features familiar old hymns, prayers and a message from the Bible. All residents are welcome, regardless of religious background. Come and hear this message of hope and love each Tuesday morning at 10:15 a.m. in the South Unit Lounge.

Team Salute

Let's Celebrate National Recreation Month

Holly VanLaarhoven lives in Auburn with her husband and cat "Blinken." She has two children and two grandchildren. Holly enjoys crafts, rubber stamping and mystery novels.

Susan Lievens lives in Hooksett with her husband, Jason, and two children. She enjoys scrapbooking and watching her children participate in sports.

Tameson O'Brien lives in Deerfield with her husband and three children. She enjoys tending to her chickens, gardening and spinning yarn.

Darcy Roy lives in Auburn with her husband and two dogs. She enjoys vacations and shopping.

Gretchen Gott lives in Raymond with her dogs. She enjoys knitting, needlework, antiquing and is a dog trainer.

Margaret Martinez lives in Manchester and enjoys baking cupcakes, decorating and spending time with family.

Laurie DeShiro lives in Manchester with her daughter and enjoys her two Jack Russell Terriers.



Lillian Maltais and Tameson O'Brien share a hug. Coming Soon: a place to find pictures that have been taken by the Recreation Partners at activities, events and parties.



A big **THANK-YOU** to the residents, families and partners who contributed to the annual "Giving Tree." This amazing display of generosity made it possible for every resident to receive a gift on Christmas morning!

Annual Patient and Family Surveys Coming in February

Each year National HealthCare Corporation conducts a snapshot survey of customer satisfaction. Surveys are sent by Jane Fieldhouse-Thomas, Regional Social Worker, and will be mailed in February 2012.

Hand Washing

Regular hand washing is the best way to prevent the spread of colds and flu.





Happy Birthday

Your Opinion

EVALUATE US.

NHC QUALITY CHECK

We care about what you think.

10

A recent survey comment read, "The Recreation Dept has done a wonderful job to keep the holidays festive ... Parties are lots of fun and staff make everyone feel very special and part of the fun." Another simply said, "I'm so grateful my aunt is in such a loving and caring facility. The staff is amazing."

Resident Birthdays

- 1/3 Alberta Nassoura
- 1/5 Virginia Kimball
- 1/6 Martha Freeman
- 1/6 Lillian Maltais
- 1/9 Ada Williams
- 1/12 Alice Davala
- 1/18 Jeanne Charpentier
- 1/20 Lorraine Lesage
- 1/26 Zara Chicaderis
- 1/30 Thomas McCormick
- 1/31 William Merrill

Partner Birthdays

- 1/1 Brittan Simoneau, SW
- 1/3 Ray Albarico, LPN
- 1/6 Linda Wible, RN
- 1/6 Paul Silkman, Dietary Aide
- 1/7 Elsa Gamonal, LNA

- 1/7 Carol Spaulding, Dietary Aid
- 1/8 Lori Lewis, Laundry Aide
- 1/8 Dianne Seabury, PT
- 1/9 Daniel Cabrera, Maintenance
- 1/13 Elizabeth Flowers, LNA
- 1/13 Rayanne Ford, LNA
- 1/13 Manny Perry, Exec. Chef
- 1/14 Alyssa Sawyer, Waitress
- 1/17 Ana Matukic, RN, SDC
- 1/18 Deborah Lidster, RN
- 1/18 Nicole Cloutier, LPN
- 1/19 Lauren Morales, Dietary Aide
- 1/28 Nancy Coutu, LNA
- 1/25 Evelin Lamb, LPN
- 1/27 Candace Laroche, Staff Coord
- 1/29 Christin Latour, LNA
- 1/31 Sharon Swisher, Laundry

Happy New Year

Wishing you health and happiness in 2012!



Judy Gamache, LPN, and Yvonne Mercier decorate for the Holidays.

Positive Thought

"Don't let what you cannot do interfere with what you can do." — John Wooden



Jessica Cahoon, LNA, and Sylvia Templeton create personalized ornaments for the Christmas tree.

Employee Spotlight



Financial Planning

Villa Crest Nursing and Retirement Center accepts all forms of payment for residents who receive long-term nursing care. Residents in the assisted living apartments are 100% self-funded and may also have long-term care insurance policies. Financial planning support is available. Adrienne Cameron and Brittan Simoneau in the social work office and Linda Lezy, Office Manager, have helped countless residents and families to apply for Medicaid and are a wonderful resource for questions about the process. Most Medicaid applications are easily completed and handled by Medicaid. However, for more complicated financial issues, the best plan may be to seek advice from an Elder Law attorney. There are several local attorneys with Medicaid experience. Other suggestions include notifying Linda Lezy with any insurance changes. A copy of insurance cards helps to ensure accurate records and billing.

How Clever

January is International Creativity Month.



Assisted living residents Omer Cote (left), Maurice Simard (right) and Linda Wible, RN, spread some holiday cheer.

Linda Wible, RN, Assisted Living Coordinator, has been a Villa Crest Nursing and Retirement Center partner for 15 years. Linda has three children Jaime, Christopher and Heather. She has thirteen grandchildren and one great-grandchild. Linda is an exercise enthusiast and especially enjoys directing the Fit and Fabulous exercise group for the assisted living residents. She also leads a weekly Bible study group for interested residents. Linda loves to read, crochet and travel and says she can be found on the coast of Maine or Florida whenever time permits. Linda lives with her husband, Ray, who is program analyst for the State of New Hampshire and Duncan Bear their English black lab. Linda is looking forward to the addition of more grand and great-grandchildren. She plans to transition to full time ministry in missions after retiring from Villa Crest.

Easy Way to Cut Calories

Instead of drinking fruit juice, eat the real fruit. The fiber in fruit will fill you up, satisfying hunger.



~IMPORTANT~

Know Your Rights RSA 151:21 III - You Have the Right to Be Told About Services and Charges.

The resident shall be fully informed in writing, in a language they can understand, before or at the time of admission and as necessary during their stay, of the facility's basic per-diem rate and of those services included and not included. A statement of services that are not normally covered by Medicare or Medicaid shall also be included in this disclosure.



... Get to Know Your Neighbor ...



Ann Soucy

Ann Soucy was born on May 8, in the mill yards of Manchester, New Hampshire. Ann lived, worked and raised her family in Manchester. She worked at the Pandora Mill for many years and for Ferrettis/Alexanders Markets until she was almost 80 years old. Ann married George Soucy after the war and the couple had three children, four grandchildren, and one great-grandchild. Ann was always active at church where she sang in the choir. She loved to go ballroom dancing and enjoyed the walk from downtown to Lake Massabesic for a boat ride. Ann also enjoyed roller skating at Bedford Grove. George and Ann were very active in state and local politics. Ann knows and remembers many of the old Manchester families and would enjoy visiting today.

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